



MOSQUITOES

HOW DO I PROTECT MYSELF AND MY FAMILY?



USE PERSONAL REPELLENTS ON YOUR SKIN AND CLOTHING – BUT BE SURE TO CAREFULLY READ THE PRODUCT LABEL.

(SOME REPELLENTS SHOULD NOT BE USED WITH RAYON, SPANDEX, ACETATE OR OTHER SYNTHETIC FABRICS.)



LOOK FOR PERSONAL REPELLENTS IN LOTION, AEROSOL SPRAY AND WIPE FORM THAT CONTAIN ACTIVE INGREDIENTS SUCH AS DEET OR PICARIDIN.



WEAR LIGHT-COLORED LONG-SLEEVED SHIRTS, LONG PANTS, SOCKS AND HATS, AND TUCK YOUR SHIRT IN AND TUCK PANTS INTO SOCKS.



IF THE AREA WHERE YOU ARE SLEEPING IS EXPOSED TO THE OUTDOORS, USE A BED NET AND COVER BABY CARRIERS AS WELL.



ELIMINATE STANDING WATER – EMPTY OLD TIRES, BUCKETS, TOYS, BIRD BATHS – AROUND THE OUTSIDE OF YOUR HOME WHERE CERTAIN SPECIES OF MOSQUITOES CAN BREED. DUMP COLLECTED WATER AT LEAST TWICE A WEEK.



COVER ANY GAPS IN WINDOWS OR DOORS AND MAKE SURE SCREENS ON WINDOWS AND DOORS ARE WORKING PROPERLY, OR ARE PATCHED.



INSIDE YOUR HOME, USE INSTANT SPRAY ACTION PRODUCTS DESIGNED TO KILL CERTAIN SPECIES OF MOSQUITOES ON CONTACT.



WHEN USING ANY PRODUCTS INDOORS OR OUTDOORS, BE SURE TO READ AND FOLLOW THE MANUFACTURER'S INSTRUCTIONS ON THE LABEL.