



# MOSQUITOES

## HOW DO I PROTECT MYSELF AND MY FAMILY?



**USE PERSONAL REPELLENTS ON YOUR SKIN AND CLOTHING – BUT BE SURE TO CAREFULLY READ THE PRODUCT LABEL.**

(SOME REPELLENTS SHOULD NOT BE USED WITH RAYON, SPANDEX, ACETATE OR OTHER SYNTHETIC FABRICS.)



**LOOK FOR PERSONAL REPELLENTS IN LOTION, AEROSOL SPRAY AND WIPE FORM THAT CONTAIN ACTIVE INGREDIENTS SUCH AS DEET OR PICARIDIN.**



**WEAR LIGHT-COLORED LONG-SLEEVED SHIRTS, LONG PANTS, SOCKS AND HATS, AND TUCK YOUR SHIRT IN AND TUCK PANTS INTO SOCKS.**



**IF THE AREA WHERE YOU ARE SLEEPING IS EXPOSED TO THE OUTDOORS, USE A BED NET AND COVER BABY CARRIERS AS WELL.**



**ELIMINATE STANDING WATER – EMPTY OLD TIRES, BUCKETS, TOYS, BIRD BATHS – AROUND THE OUTSIDE OF YOUR HOME WHERE CERTAIN SPECIES OF MOSQUITOES CAN BREED. DUMP COLLECTED WATER AT LEAST TWICE A WEEK.**



**COVER ANY GAPS IN WINDOWS OR DOORS AND MAKE SURE SCREENS ON WINDOWS AND DOORS ARE WORKING PROPERLY, OR ARE PATCHED.**



**INSIDE YOUR HOME, USE INSTANT SPRAY ACTION PRODUCTS DESIGNED TO KILL CERTAIN SPECIES OF MOSQUITOES ON CONTACT.**



**WHEN USING ANY PRODUCTS INDOORS OR OUTDOORS, BE SURE TO READ AND FOLLOW THE MANUFACTURER'S INSTRUCTIONS ON THE LABEL.**